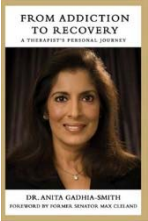


Come out and join us at these spring events!

Mental Health and Creativity— A Tribute to Carrie Fisher

Enjoy an evening of music, poetry, and conversation to celebrate the life of Carrie Fisher and her gifts to the conversation about mental illness. Dr. Anita Gadhia-



Smith, a nationally known therapist who specializes in addiction treatment, will speak about mental health, creativity, and self-medication.

When: Sunday, April 23, 5 to 7 pm

Where: Busboys and Poets, 5th and K Streets NW, Washington, DC

Suggested donation: \$10–\$20. No one turned away for lack of funds. *Proceeds support NAMI DC programs.*

For more information: Call 202-957-7862

NAMI Family to Family

A free 12-session educational program for families, significant others, and friends of people living with mental illness, taught by NAMI-trained family members who have been there. It provides critical information and strategies for taking care of the person you love and yourself as well, with support from people who understand your situation.

When: Begins the last week of April—register now

Where: Classes are held at MedStar, Trinity Square, 216 Michigan Avenue, NE, Washington, DC

Learn more at

www.nami.org/Find-Support/NAMI-Programs/NAMI-Family-to-Family#sthash.o2Kh6TSx.dpuf

For more information or to register: Call 202-546-0646

Join NAMI DC's Wednesday Support Group for Mental Health Consumers and Family Members

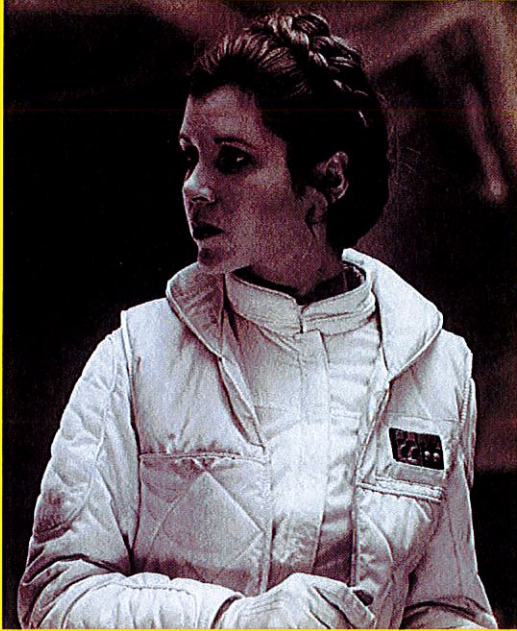
Free, confidential, no reservation required. Every Wednesday at 7:00 pm in the Hill Center (9th Street entrance), 921 Pennsylvania Avenue SE, DC. Near Eastern Market Metro; 92, 96, 32, 34, 36 bus lines; Skyland and Navy Yard Circulators.

NAMI DC
DC's Voice on Mental Illness
422 8th Street SE
Washington, DC 20003

www.namidc.org

*Providing education,
support, and advocacy*

Mental Health and Creativity



A Tribute to Carrie Fisher

In December 2016, Carrie Fisher, who famously portrayed Princess Leia in the Star Wars films, passed away suddenly in the aftermath of a heart attack.

Fisher was very open about her struggles with manic-depressive illness and substance abuse. Her death has produced significant discussion about these issues in the press and on social media.

Join us for an evening of music, poetry, and conversation. Dr. Anita Gadhia-Smith will speak about mental health, creativity, and self-medication.

Sunday, April 23rd: 5-7 pm

Busboys and Poets: 5th and K NW

Suggested Donation: \$10-20

No one will be turned away for lack of funds

Walking Distance from Gallery Place and Mt. Vernon Square stations

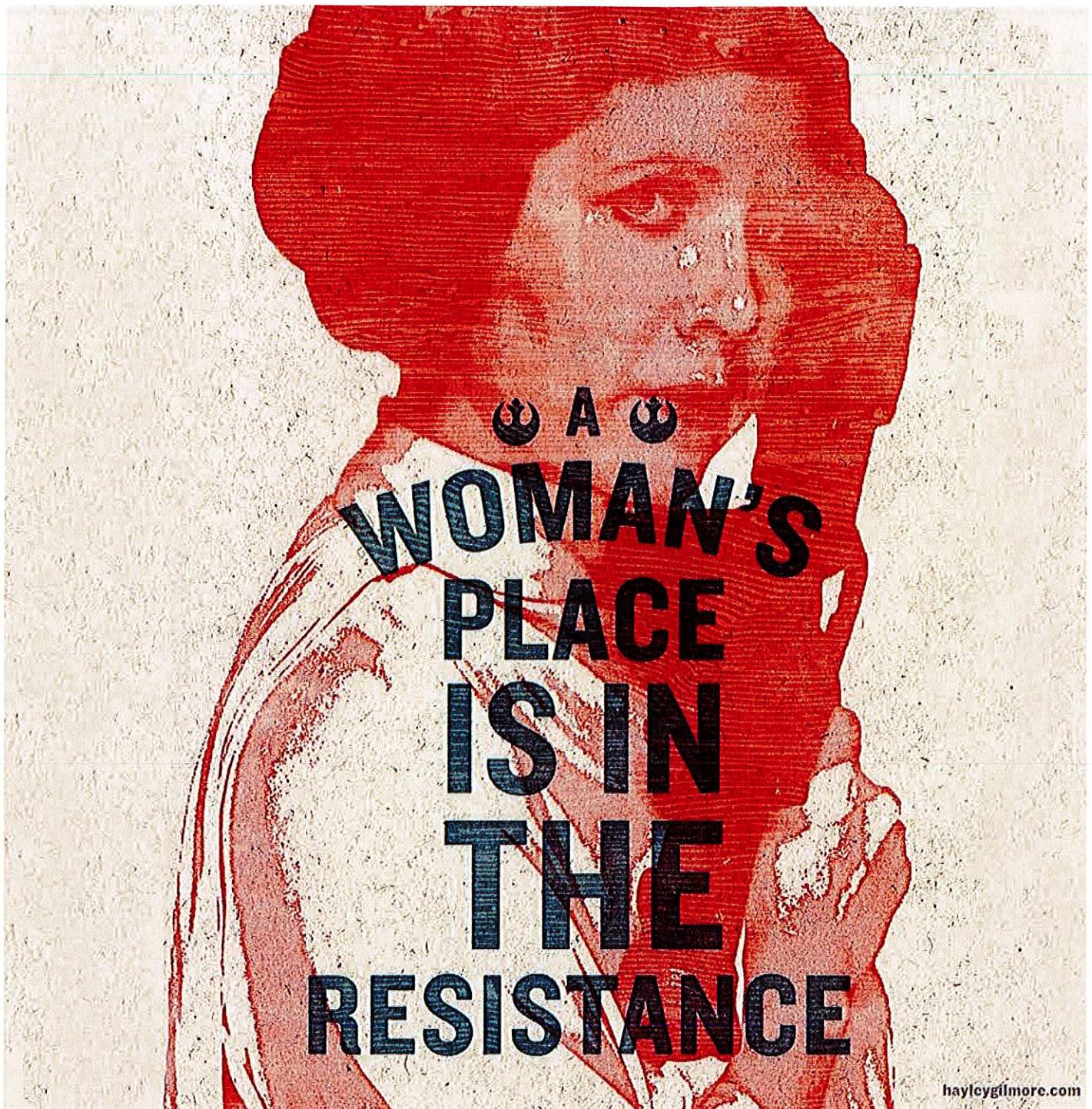
Proceeds from the event will go to the National Alliance on Mental Illness of Washington, DC (NAMI-DC)

For more information please call our outreach coordinator at 202.957.7862

#RIPCarrie #mentalhealth #solidarity



NAMI is the nation's largest grassroots organization providing advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives.



REST IN POWER: a karmic force awakens—BYPO PHOENIX c)2016

sister carrie—brother george... gone too soon—traumatic scourge...pop culture icons—speaking truth...proclaiming faith—freedom's root...a force awakens—deep inside...jedis evolve—within our minds...cosmic power—psychic pain...self-medication is longevity's bane...we need their powers to battle the SITH...who will claim the throne—threatening planetary death...armed with love—fueled by rage...we will build a rebellion—sleek, fly, and inflamed...you lived your lives—with grace and pride... wrestled with demons—of heart, soul, and mind...bipolar carrie—troubled george...your presence will be missed—but your work will live on...rest in power—rest in peace...you are fallen angels—your genius flies free