

**Full
recovery.
Full life.**



Coming Home...The Trauma of War, Life, and Recovery

DATE: Saturday, May 21, 2016

PLACE: Ashley Campus
800 Tydings Lane, Havre de Grace, MD 21078
Abraham Hall

TIME: 8:30 am – Registration in Abraham Hall
9:00 am – Program Begins
10:45 am – Break
12:15 pm – Lunch in Bantle Hall
1:00 pm – Program Continues
2:00 pm – Program Ends

TOPIC: From the era of the War in Vietnam to the present conflicts in the Middle East, our nation's military veterans and their families have been part of the unique military culture and experience. For combat and non-combat veterans, the readjustment to civilian life can be challenging, especially if compounded by substance use disorders involving alcohol, opioids, heroin, and other drugs. These dynamics often affect the veteran's family and friends. This interactive session will focus on recovery strategies for veterans and their families.

There is a \$25.00 fee for this program (includes lunch). However, it is free of charge to Ashley Alumni for their first three months out of treatment. Please contact Alumni Services (Alumni@AshleyTreatment.org) if this is prohibitive; scholarships may be available.

Please register online at AshleyTreatment.org

Recovery Enrichment Day is offered monthly and is designed to support the recovery of all who participate. You do not need to be an Ashley graduate to attend. All are welcome!



Everything for recovery because recovery is everything.

800.799.HOPE (4673) • AshleyTreatment.org • 800 Tydings Lane, Havre de Grace, MD 21078



RONALD SMITH, M.D., PH.D., CAPT (RET) USN is board certified in Internal Medicine, Emergency Medicine, Psychiatry, and Addiction Medicine. He became one of the first physicians involved in Navy alcohol treatment and later became Chief of Psychiatry at Bethesda Naval Medical Center and psychiatrist for the U.S. Senate. Since 2002, he has been recognized annually by the Consumer's Research Council as one of America's "Top Psychiatrists in Psychoanalysis and Alcoholism." Dr. Smith retired from the Navy in 2011 and has a private practice in Washington, DC.

ANITA GADHIA-SMITH, PSYD, author of *From Addiction to Recovery: A Therapist's Personal Journey* and three other books, is a psychotherapist in Washington, DC. She specializes in addiction, recovery and relationship issues. She has served as a consultant to the U.S. Congress on parity legislation for substance abuse treatment. Dr. Gadhia-Smith has spoken nationally and internationally on radio, TV and other media as an expert, maintaining her website resource practicaltherapy.net

