

My Boyfriend Puts His Child Before Me – A Relationship Expert Shares Exactly What To Do

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~ Brené Brown

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When he puts his child before you, you need to remember that the child was there first.

The biological imperative and deep ties between a parent and child supersede any subsequent relationships. While there needs to be a balance, and you also need to feel that you are a priority, you should not try to compete with a child.

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When it comes down to a matter of time spent between the two, you need to have flexibility and maturity around the priorities of a parent child relationship. Your boyfriend and you should negotiate your own time together and prioritize that as well.

You may also have issues of jealousy towards the mother of the child.

This is something that cannot be overcome, unless you improve your self-worth and strengthen your relationship with your boyfriend. Thus, it is more important to build your own relationship constructively than to try to intervene on relationships that were there before you entered into a relationship.

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