



**AHATAA Annual Dinner**  
Arlington Hospital Addiction Treatment Alumni Association

**Athena Pallas**  
February 16, 2017  
6:30PM

Friends & Sponsors Welcome  
Reservations Required



22nd St S  
Athena Pallas  
Greek Restaurant  
Classic dishes &...  
Athena Pallas  
556 22nd Street South  
Arlington, VA 22202  
23rd St S

**Guest Speaker**  
**Dr. Anita Gadhia-Smith**

***Therapy is a journey through which we find our authentic selves and become the best we can be.***

Dr. Anita Gadhia-Smith, author of four books, is a psychotherapist in Washington, DC specializing in addictions, recovery, and relationship issues. She has served as a consultant to the United States Congress in parity legislation for substance abuse treatment and spoken nationally and internationally on radio, television, and as a variety of topical subjects.

Dr. Gadhia-Smith's story is distinguished from others because of her own personal history of addiction as well as over two decades of recovery. It is a story of redemption; she is a unique therapist who has become a successful, self-actualized woman by way of an intense struggle and personal journey in her own right. Her insights and wisdom about how to obtain and maintain ongoing balance in our lives are inspiring.

Dr. Gadhia-Smith's four bestselling books, "FROM ADDICTION TO RECOVERY," "PRACTICAL THERAPY," "LIVE AND LOVE EACH DAY," and "HOW TO STAY TOGETHER" are available on Amazon.com.

The Johns Hopkins University (BA, 1985) \* The Catholic University of America (MSW, 1999) \* Southern California University, (PSYD, 2001) \* Awarded "Best of Washington DC, Psychotherapy, 2013" by the Washington DC Award Program \* Honored as Professional of the Year in Psychotherapy by Strathmore's Who's Who Publication, 2013-2014